

Dr. Dale R. Duncan

North Atlanta Oral & Maxillofacial Surgery

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Pre-Operative Instructions

1. Be sure to FILL your prescriptions and START any pre-operate medicines (Antibiotics and Anti-swelling Medications) the day before surgery as directed.

If Dr. Duncan prescribes pre-operative a Valium tablet, please take it one (1) hour prior to your surgical appointment with a small sip of water.

2. NOTHING to EAT or DRINK after midnight the night before your scheduled surgery. This includes water, coffee, tea or any type of snack. Do NOT take your antibiotic and/or anti-swelling medicines the morning of surgery.
3. NO alcoholic beverages or cigarette smoking two days prior to your scheduled surgery.
4. NO sedative or tranquilizing medications two days prior to surgery unless directed by Dr. Duncan. This includes Valium or any other type of tranquilizer you may have available at home. It is your responsibility to inform Dr. Duncan if you are taking ANY type of medication, or if you are allergic to ANY type of medication.
5. Get a good night's rest the night prior to your surgery.
6. It is necessary that ALL patients have a parent, legal guardian or responsible adult accompany you to your appointment. They MUST remain in the office for the duration of your appointment, drive you home after surgery and care for you THROUGH the early evening.
7. All patients MUST have a parent, legal guardian or responsible adult sign the operative consent form or surgery CANNOT be performed. Again, the responsible party MUST REMAIN in the office for the duration of the appointment.
8. Wear loose fitting clothing: No long sleeve shirts or blouses please.
9. Please leave all valuable jewelry at home.
10. DRINK AN 8 OUNCE GLASS OF WATER PRIOR TO GOING TO BED THE NIGHT BEFORE YOUR SURGERY.
11. Purchase carbonated drinks (Coke, Sprite, Ginger Ale etc.) and bland diet foods (soup, yogurt, saltines etc.) for post-operative diet immediately following surgery.

As previously stated these few steps are to ensure your comfort and safety during surgery. It is important to report to the office at or before your scheduled time.

If you have any additional questions or preoperative problems please contact the office.

Sincerely,

Dr. Dale R. Duncan