

Post-Surgical Medication Dosing Instructions

MEDICATIONS	INSTRUCTIONS	OFFICE	HOME	HOME	HOME	Day After Surgery
Pain med Contains Tylenol	1 pill every 3-4 hours as needed for sharp pain (1-2 days post-op)	Given in office _____am/pm	To be given at _____am/pm	To be given at _____am/pm	To be given at _____am/pm	Give 1 pain pill after breakfast. Wait 2 hrs and then...
Ibuprofen, Aspirin, or Tylenol	Every 4-6 hrs as needed for dull ache (4-5 days post-op)		To be given at _____am/pm	To be given at _____am/pm	To be given at _____am/pm	Give _____ Alternate this sequence all day long.
Antibiotic	1 pill 4 times a day or as directed		1 tablet after lunch	1 tablet at dinner 1 tablet in evening	1 tablet at bedtime	Follow Instructions on the bottle until gone.
Medrol- Anti- Swelling	As Directed on packet insert		1 tablet after lunch. Day 2 (5 pills) of the packet	2 tablets in the evening	2 tablets at bedtime	Follow Instructions on packet until gone.
Zofran- Anti Nausea Phenergan 25mg Suppository For Vomiting	Allow 1 tablet to dissolve under the tongue every 6 hours for NAUSEA as needed Insert 1 suppository into rectum every 3 - 6 hrs as needed for post-op VOMITING		Use as needed for NAUSEA Use as needed for VOMITING			Use as needed for NAUSEA Use as needed for VOMITING

DO NOT:

- DO **NOT** DRINK THROUGH A STRAW for 4 days post-op.
- DO **NOT** FORCEFULLY RINSE YOUR MOUTH for 1 week post-op.
- DO **NOT** FORCEFULLY SPIT OUT for 1 week post-op. Forceful repetitive spitting can cause bleeding.
- DO **NOT** DRINK EXCESSIVELY HOT LIQUIDS for 1 week post-op
- DO **NOT** DRINK ALCOHOLIC BEVERAGES! Alcohol will react with the prescribed pain medication and antibiotics.
- DO **NOT** SMOKE for 1 week post-op! Smoking creates a suction that will loosen blood clots, and cause bleeding, increased pain, and dry sockets.

POSTOPERATIVE FOLLOW-UP APPOINTMENT:

It is important to return to the office for your follow-up appointment. After a short exam you will be given additional post-operative instructions. By following these instructions, you will minimize the chance of postoperative healing problems.

If you have any additional questions or postoperative problems please contact the office.

Sincerely,

Dr. Dale R. Duncan

Rev. 02/2012